

Parent as choice counselor

As a parent/guardian, you play an important role in shaping your son's/daughter's vision of the future. It is recommended that you regularly discuss this with your son/daughter. Below are some good questions you could ask.



General questions

- What do you already know about your profile choice or vision for the future?
- Do you already know what you want to choose? If so, what is the reason behind the choices you want to make?
- What are the consequences of this choice for further education? Which programs would still be possible, and which wouldn't?
- Have you ever thought about which program you would like to pursue?
- Do you already know what you don't want? If so, what is it?
- And what options remain?
- Which subjects might you want to do something with in the future?
- How can you find out about the available directions/programs?
- Who can help you with that?
- Have you already inquired about the transition possibilities to higher-level education (e.g., vwo) with this profile? (if this is something your child might consider)

Questions related to work

- What is your vision for the future? What do your days look like?
- What type of work might suit you? Why that work?
- Which tasks would you never want or be able to do? Why is that?
- Which tasks do you enjoy doing? Which tasks don't suit you as well?
- Which program and profile align with your vision for the future? How can you explore this?
- Are there jobs available in this field?
- What is important to you in your future work/education? (e.g., working with your hands, daytime work, working with people, challenges, structure, clear rules and agreements)

Questions related to qualities

- What are you good at? What do you want to be the best at?
- What occupies your mind?
- What are you willing to put effort into?
- What have you done recently that you are proud of?
- If I ask your friends what you are good at or not good at, what would they say?

Questions to encourage your child to take action

- What are you going to do to find out if a certain job suits you?
- How are you gathering information on this topic?
- Who is helping you make decisions about your profile choice? When will you have a conversation with him/her about it?
- What else can you do on your own to make progress in choosing your field of study?
- What steps are you going to take in the coming weeks/months?
- How can I support you?

Networking (who can help me with that?)

- Who can say something about your qualities? What do they say?
- Do you know someone in your surroundings who is doing the education or work that you might want to pursue?
- Who can help you with your questions? How will you get in touch? When will you reach out? Are you confident in reaching out? What will you say?